

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



August 20th 2026

Time to shine for our race walkers this weekend - Interstate and Overseas

All the best to our athletes competing in the **Athletics Australia Junior Road Walk Championships** in Ballarat this Sunday. And let's not forget our Masters walkers on their way to South Korea for the **World Masters Athletics Championships**. All the best to Iggy, Anne, Brenda and Dean.



**AUSTRALIAN ATHLETICS
JUNIOR RACE WALKING
CHAMPIONSHIPS
B A L L A R A T 2 0 2 6**

AA Junior Race Walking Championships Sunday August 23rd

Victoria Park, Ballarat, Victoria

Timetable

09:00 Under 20 10km Race Walk - Men
09:00 Under 20 10km Race Walk - Women
10:00 Under 18 5km Race Walk - Men
10:00 Under 18 5km Race Walk - Women
10:00 Under 16 5km Race Walk - Men
10:00 Under 16 5km Race Walk - Women
10:30 Under 14 3km Race Walk - Men
10:30 Under 14 3km Race Walk - Women
10:50 Under 12 2km Race Walk - Men
10:50 Under 12 2km Race Walk - Women

Queenslanders

10km Race Walk Men · U20

Milly SHARPE QLD

5km Race Walk Men · U16

Leo RAMSAY QLD

5km Race Walk Men · U18

Koby IRVINE QLD

Noah COOKE QLD

5km Race Walk Women · U16

Isabella WELCH QLD

5km Race Walk Women · U18

Eliza KELLY QLD
 Olivia BOULTON QLD
 3km Race Walk Men · U14
 Hayden ROBERTSON QLD
 3km Race Walk Women · U14
 Izzy BLACKBURN QLD
 Taylor CHAPMAN QLD
 Jessica GORHAM QLD
 2km Race Walk Women · U12
 Lilli CHU QLD



WMA Outdoor Championships August 22-September 3

Daegu Stadium, Daegu South Korea.

7,476 Athletes from 106 Countries Set to Compete at World Masters Athletics Championships in Daegu, South Korea. Masters athletes demonstrate what is possible through lifelong participation in sport. Their performances offer valuable insights into healthy aging, wellness and active living, illustrating how regular physical activity and personal commitment can enhance health, independence and quality of life well into older age. Beyond competition, they serve as inspiring examples of resilience, determination and the enduring benefits of an active lifestyle.

First up this weekend is the 10km road walk which promises to be hot and humid.

Saturday August 22nd

Road Walk

Misulgwang-ro (Daegu Athletics Promotion Center)

Start	Group	Event	Round
7:00	W35+	10km RW	Final
9:00	M60+	10km RW	Final
11:00	M35-55	10km RW	Final

Saturday August 29th 20km Road Walk

September 2nd 5,000 metre Track Walk

RESULTS RESULTS RESULTS

The last of 10 handicap meets for the season and we still saw 9 seasons best performances. Great work everyone. Thank you to our time keepers, lapscorers and judges on Sunday at Capalaba.

QRWC Handicap #10

August 16th Capalaba

A Grade Men 15km (1) Ignacio Jimenez Solis 1h21.11 SB (2) Peter Bennett 1.39.32 SB. David Rapaport DNF

A Grade Women 10km (1) Eliza Kelly 57.51 SB (2) Joy Dale 1.21.26 SB (3) Noela McKinven 1.34.28.

B Grade 8km Men: (1) Leo Ramsay 55.35
Women (1) Trish Hibbs 51.49 SB

C Grade 5km Men: (1) Noah Cooke 22.54 SB

D Grade 3km Men: (1) Yoshua Lee 17.58 SB

Women: (1) Violet Conway 18.14 SB (2) Lilli Chu 21.53.

E Grade 2km Men: (1) Caleb Lee 10.19

F Grade 1km Women: (1) Mikayla Lee 6.04 SB

Judges Reports

511 k

Racewalking Queensland Perpetual Trophies 2025

Thank you to those who have already returned trophies. These trophies are still outstanding (apologies to any of the below who have now returned their trophy)

U10 Girls Harrison Trophy Lilli Chu.

U14 BOYS Lachlan Moore

U16 GIRLS Eliza Kelly

U18 MEN 10KM Bailey Housden

U20 WOMEN Phoebe Chadwick

Please bring your trophy along to the club Championships at Beenleigh on Sunday August 30th. If you can't make it on the day please arrange for a friend or your coach to return your trophy. Alternatively, please contact Noela at noelarthoda@gmail.com to make arrangement for the return of your trophy. Thank you.

NEXT WEEK

QRWC Road Walk Championships Sunday August 30th

Logan River Parklands, Beenleigh

7.30am Open & Masters 10km

Under 20 M & W 8km

Under 18 M & W 6km

Invitation Open 5km (non-championship)

8.15am Under 10 M & W 0.75km

Under 12 M & W 1.5km

8.30am Under 14 M & W 2km

Under 16 M & W 4km

Note

- Age is taken as Age on the Day
- Athletes eligible for awards in their own age group event only.
- Trophies will be awarded to the first three placings of registered club members in each age group (male & female) and medals in the Masters age group. All trophies presented on September 13th at Sandgate.
- Race bib numbers must be worn (No race number means you cannot be judged = no result)
- For Masters Athletes the first three finishers of club members in Open races will be the Open place getters and the next three Masters Age competitors to finish after that will be eligible for Masters Medals.

ENTER HERE

[2026 QRWC Road Walk Championships Sunday August 30th - Qld Race Walking Club - revolutioniseSPORT](#)

Entry Fee Members \$10

Non-Members \$15 (not eligible for championship awards)

Invitation 5km \$5

QRWC Club Championship Records

Men's Open 10 km Rhyddian Cowley 2012 40:38.00
Men's Master's 10 km Ignacio Jimenez 2012 49:41.00
Under 20 Men 8 km Dane Bird-Smith 2009 34:59.00
Under 18 Men 6 km Dane Bird-Smith 2009 26:16.00
Under 16 Men 4 km Bailey Housden 2023 16:44.00
Under 14 Boys 2 km Bailey Housden 2020 8:59.00
Under 12 Boys 1.5 km Myles Callaghan 2019 7:28.00
Under 10 Boys 750 m Mathew Houston 1995 3:40.00
Women's Open 10 km Karen Foan 2002 49:15.00
Women's Master's 10 km Nyle Sunderland 2013 57:22.00
Under 20 Women 8 km Jessica Pickles 2013 38:55.00
Under 18 Women 6 km Katie Hayward 2016 27:13:00
Under 16 Women 4 km Clara Smith 2013 18:59.00
Under 14 Girls 2 km Jayda Anderson 2018 9:20.00
Under 12 Girls 1.5 km Rachel Barker 2007 7:29.00
Under 10 Girls 750 m Theresa Dorman 1994 3:47.00

COMING EVENTS

QRWC Relay/Trophy/BBQ Day

September 13th Sandgate Lagoon, Brighton

9.00am 4 x 1,500 metre Relay **HAVE YOU ENTERED A TEAM YET?**

The Relay This is a handicapped relay, so it is not really about being the fastest. Get your team together now and come up with an apt team name. You don't have to be a competitive walker to take part so this is the opportunity for all parents, coaches, judges, volunteers and other family members to have a go.

ENTER RELAY HERE

[2026 Queensland Race Walking Club Relay - Qld Race Walking Club - revolutioniseSPORT](#)

There will be a sheet at the Sign In desk at the Club Championships at Beenleigh to nominate your team or if you wish to be allocated to a team. Individually every team member needs to enter via the online entry portal.

10.00am – 12.00am BBQ & Presentations

TROPHIES All the medals from the QRWC track championships, Grade Handicap points trophies, Club Road Walk championships trophies and the perpetual trophies will be presented.

RAFFLES For a bit of fun and to raise some money for the club we have a tradition of having a multi draw raffle at the lunch.

If you would like to donate a raffle prize (check your cupboards for any unwanted Christmas gifts or “surplus” bottles of wine) we would be pleased to hear from you or bring them along to the Club Championships at Beenleigh.

LUNCH

- We will be having a BBQ lunch following the relays.
- The club will provide the BBQ fare. If you would like to help out please let Noela know.
- We do ask if members could please bring along a plate to share for dessert or a fruit platter is always welcome.
- Light beer & soft drinks will be in sale.
- Please bring along your deck chairs or a picnic rug.
-

Register here for 2026 Presentation Day Lunch and Awards

[2026 Presentation Day Lunch and Awards - Qld Race Walking Club - revolutioniseSPORT](#)

The cost will be: \$15 a single, \$25 for two or \$35 for a family of 3 to 5. Additional family members at the single rate.

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male

Age Distance First Presented Criteria

David Smith Shield Open 20km 2007 20km stated as Dave Smith race

Open Men's 15km Open 15km 1978 Stated as 15km Championship

Open Men's Cup Open 10km 1978 Club 10km Championship

U14 Boys 12,13yrs 2km 2019 Club Championships

U12 Boys 10,11 1.5km 2019 Club Championships

U10 Boys not yet 10yrs .75km 2019 Club Championships

Under 18 Men's 10km Any male club athlete who is not yet 18 at the time of achieving the best 10km time of the season. Not restricted to the "U18 Group" First presented in 2019

Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the "U16 Group" First presented 2014

Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the "U18 Group" First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for

the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

2026 QUEENSLAND ATHLETICS ALL SCHOOLS CHAMPIONSHIPS inc the Selection Trials for the Australian All Schools

Draft Timetable

Thursday October 1st QSAC

03:30PM Under 14/15/16 Female 3000m Race Walk

04:00PM Under 14/15/16 Male 3000m Race Walk Final

04:30PM Under 17/18 Female/Male 5000m Race Walk

Entries will open on 2nd September

Membership (new season opens on 1st September 2026)

- Athletes **must turn 12 by 31 December 2026**
- Athletes **must be under 18 on 31 December 2026**
- **No Under 20** age group (not offered at Australian All Schools Championships)

QA & QMA Track Season

QA Track Draft Walks competition

October 31st 10,000 metres SAC

November 14-15th U20 5,000 metres SAC

January 10th 3,000 metres SAC

February 6th 3,000/5,000 metres SAC

February 27th 3,000 metres QA Championships

March 6th 3,000/5,000 metres

March 20th 3,000/5,000 metres

QMA & Brisbane Region Track Season Calendar

Draft Brisbane 2026-27 Competition Dates

Brisbane Region have made bookings at QSAC and scheduled competition dates for the next season. Due to limited availability of the SAF while the Main Stadium is resurfaced, some competition will be on Sundays.

Saturday Morning 19/9/26 – SAF Saturday Morning

Saturday 10/10/26 – SAF Brisbane Region Competition Come & Try Day 1 of Season

Sunday Morning 25/10/26 – SAF Brisbane Region Competition Day 2 of Brisbane Season

Sunday Morning 1/11/26 – SAF Brisbane Region Competition Day 3 of Brisbane Season

Sunday Morning 22/11/26 – SAF Brisbane Region Competition Day 4 of Brisbane Season

Saturday Afternoon 5/12/26 – SAF QMA HEP/DEC CHAMPS DAY 1

Held in conjunction with Brisbane Region Competition Day 5 of Brisbane Season

Sunday Morning 6/12/26 – SAF QMA HEP/DEC CHAMPS DAY 2

Held in conjunction with Brisbane Region Competition Day 6 of Brisbane Season

Sunday Morning 13/12/26 – SAF Brisbane Region Competition Includes 100 yards & 1 mile events Day 7 of Brisbane Season

Saturday Afternoon 19/12/26 – SAF Brisbane Region Competition Day 8 of Brisbane Season

Sunday Morning 17/1/27 – SAF QMA OUTDOOR PENTATHLON Held in conjunction with Brisbane Region Competition Day 9 of Brisbane Season

Sunday Morning 24/1/27 – SAF Brisbane Region Competition Day 10 of Brisbane Season

Sunday Morning 14/2/27 – SAF QMA WOMENS THROWS PENTATHLON

Held in conjunction with Brisbane Region Competition Day 11 of Brisbane Season
 Sunday Morning 21/2/27 – SAF QMA MENS THROWS PENTATHLON
 Held in conjunction with Brisbane Region Competition Day 12 of Brisbane Season
 Saturday Afternoon 27/2/27 – SAF QMA MEMORIAL DAY Held in conjunction with
 Brisbane Region Competition Day 13 of Brisbane Season
 Sunday Morning 7/3/27 – SAF Brisbane Region Competition Day 14 of Brisbane Season
 Saturday Morning 20/3/27 – SAF Saturday QMA 3000M RUN/WALK CHAMPS
 Held in conjunction with Brisbane Region Competition Day 15 of Brisbane Season
 Saturday 3/4/27 – SAF All Day QMA STATE CHAMPS DAY 1
 Sunday 4/4/27 – SAF All Day QMA STATE CHAMPS DAY 2
 Saturday Morning 15/5/27 – SAF AMA HEP/DEC CHAMPS DAY 1
 April 23-26, 2027 AMA CHAMPIONSHIPS – PERTH
 Sunday Morning 16/5/27 – SAF AMA HEP/DEC CHAMPS DAY 2



ENTER HERE <https://entermastersgames.com/>

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Track & Field

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (pm)

A final program of events including event start times will be available after entries have closed

Games Fees

- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)
\$25 for each additional event
- **10km Road Walk** \$30

Play On! Sports Voucher worth up to \$200

Applications for Play On! Sports Vouchers are now open

[Play On! Sports Vouchers - qld.gov.au](https://playon.qld.gov.au)

When applications are open, parents, carers and guardians can apply for a Play On! Sports Voucher worth up to \$200 for their eligible child. A maximum of one voucher is available for each eligible child per financial year.

There are two application rounds each financial year. As each child can only receive one voucher, families should apply in the round that best aligns with their child's sporting season.

- If your child is participating in a summer sport, apply during this round.
- If your child will be participating in a winter sport later in the financial year, you may prefer to wait for the next application round.

2027 Oceania Masters Athletics Championships Christchurch New Zealand



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January,
Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025 (7.1km from CBD)

DRAFT PROGRAMME

Wednesday 27th January 2027 3,000m Track Walk

Friday 29th January 2027 1,500m Track

Sunday 31st January 2027 5,000m Track Walk

Early Bird Registration Open (1st September 2026) NZD \$60.00

Normal Registration (26th October 2026) NZD \$90.00

Event Fee NZD \$20.00

Entries CLOSE Sunday 13th December 2026

Masters' accommodation special

[Oceania Masters Track & Field Championships - Accor Meetings & Events](#)

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: Ern Clark Athletics Stadium Cannington. WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.
[Perth 2027 | Australian Masters Athletics Championships](#)

Date Claimer – Canberra Carnival June 12-13th 2027

A meeting on Tuesday night of Australian Federation of Race Walking Clubs has set the date of **June 12-13th 2027** for the renamed “**Canberra Walking Carnival**”. More details to follow when they become available.

2026 WALKS CALENDAR

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

MONTH	DATE	EVENT	VENUE
August	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat
	30	QRWC Road Walk C/Ships	Beenleigh
September	6	Father's Day	No club competition
	13	Presentations/Relays/BBQ Day	Sandgate Lagoon
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

QRWC Handicap Meets and Points

- At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.
- Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table.
The member placed 1st, based on the handicap results, receives the highest points
- Starting points are awarded for starting the event.
- Completed points are awarded for finishing the race distance.
- The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.
- To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.
- An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership 2026/27

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

New membership and renewals for the new season opens on 01 September.

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2026/27

President: P Bennett

Vice President: B Gannon

Secretary: N. McKinven

Treasurer: N. McKinven

Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick / C Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000. [Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.